

To Whom It May Concern:

As a member of our workplace health benefit plan, I would like to offer a suggestion to improve our health benefits package.

I find that Thai massage is effective in maintaining good health, and I am very pleased with the results of my treatments. Unfortunately, it is currently not reimbursable in our health benefit plan.

My Thai massage therapist is registered with the Natural Health Practitioners of Canada (NHPC), a professional member association with high standards for its various holistic health practitioners. I have every confidence that NHPC Thai massage therapists are skilled, professional and essential to my health care.

As part of their high professional standards, the NHPC evaluates applicant qualifications to ensure they meet the Association's education and training standards, which are consistent with those put forth by the Thai Healing Alliance International (THAI) and the Nuad Boran Thai Association Europe (NBTAE).

The Association also establishes and promotes an industry-compliant scope of practice, standards of practice, and record-keeping best practices for Thai massage therapist members.

Members are further required to maintain and enhance their knowledge and skills to support continued safe and effective practice using a robust Continued Competency Program.

Through a stringent Code of Ethics and a thorough Complaints Resolution Process, the NHPC creates and maintains accountability of all members.

I believe I should have the benefit of being able to claim Thai massage sessions provided by NHPC Thai massage therapists through my health benefit plan.

I request that our workplace health benefit plan create a Thai massage category that will allow for the reimbursement of Thai massage sessions and a policy that states NHPC Thai massage therapists are eligible providers for such category.

For more information about Thai massage, the quality of NHPC Thai massage therapists, and approving the Association, please contact the Natural Health Practitioners of Canada.